



ASSOCIATED BOARD OF DANCE SOUTHERN AREA MEDALLIST OF THE YEAR 2022

Sunday 13th March 2022

The Gateway Academy, Marshfoot Road, Tilbury, Essex RM16 4LU

Tickets £13 per person

ALL TEACHER (HELPER)/PUPIL EVENTS WILL BE MIXED | SOLO EVENTS WILL BE MIXED | COUPLES CAN BE SAME SEX OR MIXED

SECTION 1 - TEACHER (HELPER)/PUPIL

1	Gerry & Ginger 5 & Under	Waltz	56	Gerry & Ginger 5 & Under	Cha cha cha
2	Gerry & Ginger 6-7 yrs	Quickstep	57	Gerry & Ginger 6-7 yrs	Jive
3	9 & Under Intro	Waltz	58	9 & Under Intro	Cha cha cha
4	9 & Under Bronze	Tango	59	9 & Under Bronze	Rumba
5	9 & Under Silver & Gold	Quickstep	60	9 & Under Silver & Gold	Samba
6	10 – 11 yrs Intro	Waltz	61	10 – 11 yrs Intro	Cha cha cha
7	10 – 11 yrs Bronze	Tango	62	10 – 11 yrs Bronze	Rumba
8	10 – 11 yrs Silver & Above	Quickstep	63	10 – 11 yrs Silver & Above	Samba
9	12 – 13 yrs Intro	Waltz	64	12 – 13 yrs Intro	Cha cha cha
10	12 – 13 yrs Bronze	Tango	65	12 – 13 yrs Bronze	Rumba
11	12 – 13 yrs Silver	Quickstep	66	12 – 13 yrs Silver	Samba
12	12 – 13 yrs Gold & Above	Foxtrot	67	12 – 13 yrs Gold & Above	Jive
13	14 – 15 yrs Intro	Waltz	68	14 – 15 yrs Intro	Cha cha cha
14	14 – 15 yrs Bronze	Tango	69	14 – 15 yrs Bronze	Rumba
15	14 – 15 yrs Silver	Quickstep	70	14 – 15 yrs Silver	Samba
16	14 – 15 yrs Gold & Above	Foxtrot	71	14 – 15 yrs Gold & Above	Jive
17	16 – 30 yrs Intro	Waltz	72	16 – 30 yrs Intro	Cha cha cha
18	16 – 30 yrs Bronze	Tango	73	16 – 30 yrs Bronze	Rumba
19	16 – 30 yrs Silver	Quickstep	74	16 – 30 yrs Silver	Samba
20	16 – 30 yrs Gold	Foxtrot	75	16 – 30 yrs Gold	Jive
21	16 – 30 yrs Awards & Above	Waltz	76	16 – 30 yrs Awards & Above	Paso
22	31 – 45 yrs Intro	Waltz	77	31 – 45 yrs Intro	Cha cha cha
23	31 – 45 yrs Bronze	Tango	78	31 – 45 yrs Bronze	Rumba
24	31 – 45 yrs Silver	Quickstep	79	31 – 45 yrs Silver	Samba
25	31 – 45 yrs Gold	Foxtrot	80	31 – 45 yrs Gold	Jive
26	31 – 45 yrs Awards & Above	Waltz	81	31 – 45 yrs Awards & Above	Paso
27	46 – 59 yrs Intro	Waltz	82	46 – 59 yrs Intro	Cha cha cha
28	46 – 59 yrs Bronze	Tango	83	46 – 59 yrs Bronze	Rumba
29	46 – 59 yrs Silver	Quickstep	84	46 – 59 yrs Silver	Samba
30	46 – 59 yrs Gold	Foxtrot	85	46 – 59 yrs Gold	Jive
31	46 – 59 yrs Awards & Above	Waltz	86	46 – 59 yrs Awards & Above	Paso
32	60 & Above Intro	Waltz	87	60 & Above Intro	Cha cha cha
33	60 & Above Bronze	Tango	88	60 & Above Bronze	Rumba
34	60 & Above Silver	Quickstep	89	60 & Above Silver	Samba
35	60 & Above Gold	Foxtrot	90	60 & Above Gold	Jive
36	60 & Above Awards & Above	Waltz	91	60 & Above Awards & Above	Paso
37	U16 All grades Wheelchair	Waltz	92	U16 All grades Wheelchair	CCC
38	O16 All grades Wheelchair	Waltz	93	O16 All grades Wheelchair	CCC

SECTION 2 - SOLO'S:

39	8 & Under	Waltz & Quickstep	94	8 & Under	CCC & Jive
40	11 & Under	Waltz & Quickstep	95	11 & Under	CCC & Jive
41	12-15 years	Waltz & Quickstep	96	12-15 years	CCC & Jive
42	16-35 years	Waltz & Quickstep	97	16-35 years	CCC & Jive
43	36 & Above	Waltz & Quickstep	98	36 & Above	CCC & Jive



44	U16 Wheelchair	Waltz	99	U16 Wheelchair	CCC
45	O16 Wheelchair	Waltz	100	O16 Wheelchair	CCC

SECTION 3 - COUPLES:

46	8 & Under	Tango	101	8 & Under	Rumba
47	11 & Under	Tango	102	11 & Under	Rumba
48	12-15 years	Tango	103	12-15 years	Rumba
49	16-39 years	Tango	104	16-39 years	Rumba
50	40 & Over	Tango	105	40 & Over	Rumba

SECTION 4 - WHEELCHAIR

51	U16 Wheelchair Duo	Tango	106	U16 Wheelchair Duo	Rumba
52	U16 Wheelchair Combi	Tango	107	U16 Wheelchair Combi	Rumba
53	O16 Wheelchair Duo	Tango	108	O16 Wheelchair Duo	Rumba
54	O16 Wheelchair Combi	Tango	109	O16 Wheelchair Combi	Rumba

SECTION 5

55	Adult & Child	Waltz	110	Junior & Juvenile	CCC
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RULES:

1. **Dress code:**
 - a. Competitors under the age of 12 are restricted to wearing plain dress/clothing with no sequins/sparkle/diamante etc.
 - b. Tail suits are not permitted for any age
 - c. 12 years and over ARE permitted to wear waistcoats, short or versatile jackets*
2. **For the graded events, the following syllabus steps are permitted:**
 - a. Gerry & Ginger = Gerry & Ginger ABD syllabus
 - b. Intro/Ribbons = Intro ABD syllabus
 - c. Bronze = Associate ABD syllabus
 - d. Silver = Licentiate ABD syllabus
 - e. Gold = Fellowship ABD syllabus
 - f. Awards and Above = unrestricted
3. **Competitors may dance in a maximum of 1 ballroom and 1 latin event in all Sections**
4. **Section 1 events may be partnered by an Amateur or Professional**
5. **No split partnerships on the day for Section 3 or Section 5 (one partner in Latin/ Ballroom), with the exception of Couples Wheelchair**
6. **Professionals are not permitted to partner in Section 4**
7. **Entries close on 23rd February 2022 – with no exception.**
8. **All ticket monies to be paid to the ABD upon submitting entries. Bank details will be provided**